

Mr. Alex-Zan / Virginia A. Gatewood
presents 9th Annual
“My Help List” Contest!

A Thinking • Writing • Reading Activity



Entry

In 150 words or less, share in writing:

- It's important to help people because...
- List 5 things you have done to help someone or how you can help someone.



Eligible

All students throughout Charlottesville and surrounding counties in grade categories K-2, 3-5, 6-8, and 9-12

Winners

One winner from each grade category will be chosen and win a \$100 cash prize with gathering to be held in their honor. Winners will be announced on NBC 29 & Alex-Zan.com

Contest

Monday, March 11, 2024 through Friday, April 19, 2024

Drop or send all entries to:

Jones Heating & Air “My Help List”
633 Rose Hill Drive • Charlottesville, VA 22903
(Please include name, address, and phone number.)

Sponsored in part by



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For more information:

Contact Mr. Alex-Zan: (434) 202-0773, email alexzan@i-c.net,
or visit Alex-Zan.com

