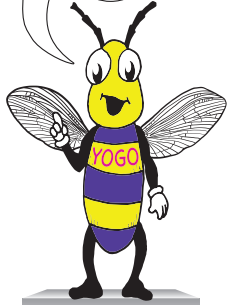


**YO!
LET IT GO...**



IN
The 'Ville

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Alex Zan
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YO – Let It Go!

(To reduce the Culture of Violence)

7 TOOLS

to Avoid
Conflict/Confrontation

1. JT – Just Think:

Stop and think before you act, say or do anything negative.

2. TBO – The Brush Off:

When anyone talks negatively about you, just brush it off.

3. JMS – Just My Style:

It's about your character, style and what makes you "you".

4. Take 10:

Angry? Close your two hands and release or count to 10.

5. WBA:

Wave and Back Away.

6. 3DB:

Pause, and take 3 deep breaths.

7. CYM:

Close your mouth, listen and move on.

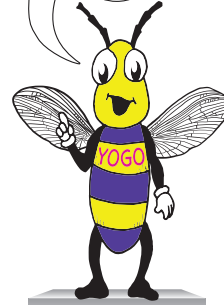
"If you don't feed it, it won't grow." —Alex-Zan

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